



# What is Continuing Care?

## What are Continuing Care Services and supports?

Continuing Care Services and supports are provided to eligible people who need care outside of the hospital. Care can be provided on a long or short-term basis. Services include:

- Home Care which includes nursing, personal care, respite and in-home support.
- Assistance with long-term care (living in a nursing home or residential care facility).
- Access to health care equipment through the Health Equipment Loan Program (HELP).
- Supports for caregivers through the Caregiver Benefit Program.



- Access to Home Oxygen Services for people who rely on oxygen therapy in their home and community.
- Personal Alert Assistance Program.
- Self-Managed Care provides funding to people with physical disabilities to manage their own care.
- Supportive Care Program.
- Specialized equipment for long-term care.
- Adult Protection Services offers protection to adults who suffer from neglect and abuse.
- Protection for Persons in Care.
- Respite in long-term care.
- Medication Dispenser Assistive Technology.

To learn more about Continuing Care Services, please call the toll-free Continuing Care line at **1-800-225-7225**, or visit the Department of Health and Wellness website at [www.gov.ns.ca/health/ccs](http://www.gov.ns.ca/health/ccs)